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**CALDER VIEW SURGERY**

**NEWSLETTER**

Issue 4 Winter 2017

**STAFF NEWS**

**A familiar face on our reception desk, Ann Hinchcliffe will be retiring in December after 22 years working for the practice.**

**Ann is hoping to go travelling during her retirement.**

**We wish her a long and happy retirement.**

**Rachel Fishwick** will be joining us after Christmas as an Admin Assistant.

**Amy Shaw** has joined us as a trainee receptionist.

**Julie Butler** is a new practice nurse and commenced her post in November.

A Pharmacist**, Bilal Patel** is working with the practice 2.5 days a week. Bilal has worked in the community and for the CCG.

**Dr Ahmed** and **Dr Shabir** are helping to cover during Dr Taylor’s absence.

**WALKING GROUP**

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**We are currently looking for someone to lead the walking group. This voluntary role would involve being available for a 2 hour period over Tuesday lunchtimes. You would need to attend a short training course. There is a small amount of paperwork involved. Please speak to Clare (Practice Manager) if you are interested. The Walking Group is a great way to improve your fitness whilst meeting new people.**

**READING WELL FOR LONG TERM CONDITIONS.**

This is a book scheme which is being promoted by Kirklees Libraries. The books provide information and support for people living with a long term health condition, and their carers.

The booklist covers general advice and information about living with a long term condition, common symptoms and titles focused on specific conditions such as arthritis, bowel conditions, diabetes, heart disease, mental health and wellbeing and stroke.

The books have all been recommended by people with experience of long term conditions and health professionals, and are available to borrow for free from public libraries. Contact your local library for further information.

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**ART GROUP**

Our Art Group led by Cassie Burton will in future hold the classes in a room at Dewsbury Library. The dates and times to be confirmed. If you are interested in joining the art classes, please give your name and details to a member of the reception staff.

**FOOD FOR THOUGHT**

“If the English Language made any sense a catastrophe would be an apostrophe with fur on…………………….and 'lackadaisical'

would have something to do with a shortage of flowers."

 ***Doug Larson***

We all know how difficult it can be learning another language. The English language is very irregular in its spelling and pronunciation so spare a thought for those currently struggling to learn it. Take a look at the following!

The bandage was **wound** around the ***wound***

The farm was used to **produce** ***produce***

The dump was so full it had to **refuse** more ***refuse***

We must **polish** the ***Polish*** furniture

The soldier decided to **desert** his ***dessert*** in the ***desert***.

Since there was no time like the **present**, he thought it was time to ***present*** his ***present***.

When shot at, the **dove** ***dove*** into the bushes.

I did not **object** to the ***object***.

Do you have a poem or short story that you would like to be considered for a future newsletter? If so please hand it in at the desk in an envelope clearly marked **Newsletter** or send it by email to dormor2700@gmail.com

Please remember to include your contact details.

The insurance was **invalid** for the ***invalid***.

There was a **row** amongst the oarsmen on how to ***row***.

They were too **close** to the door to ***close*** it.

The buck **does** funny things when ***does*** are present.

To help with planting, the farmer taught his **sow** to ***sow***.

The **wind** was too strong to ***wind*** the sail.

Upon seeing a **tear** in the painting I shed a ***tear***.

I had to **subject** the ***subject*** to a series of tests.

**CHRISTMAS AND NEW YEAR**

**Please note that the surgery will be closed on December 25th, December 26th 2017 and January 1st 2018**

If you need medical attention while the surgery is closed, ring the NHS non-emergency number which is 111.

**NHS 111 is the NHS non-emergency number.** It’s fast, easy and free. Call 111 and speak to a highly trained adviser, supported by healthcare professionals. They will ask you a series of questions to assess your symptoms and immediately direct you to the best medical care for you.

NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

**A Big Thank You** to everyone who supported our Coffee Morning at the flu Clinic in October. We raised £210 which has been presented to Dawn Thompson for the benefit of her daughter Lucy. Thank you also to all the bakers and those who helped on the day. Your Generosity is very much appreciated!



**Happy Christmas to all our patients.**